



## Point Lonsdale Surf Life Saving Club Incorporated

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### POINT LONSDALE'S JUNIOR LIFESAVERS (NIPPERS) SUCCEED AT STATE JUNIOR LIFESAVING CHAMPIONSHIPS

A team of 5 Point Lonsdale Surf Life Saving Club Nippers made the long trek to Lakes Entrance to compete in the 2010 Victorian Junior Life Saving Championships during the Labour Day Long Weekend with great success.

The stand out result was when **Max Lazarus** won Gold in the Under 11 Board Race. In that same race, fellow Nippers **Scott Wylie** and **Sam Slorach** also made it to the final, with Scott being placed 8<sup>th</sup> and Sam 11<sup>th</sup> – a terrific achievement to have 3 of the 5 Point Lonsdale members in a final that had 18 competitors !

These three boys also had success in the Under 11 Board Relay Race receiving a Bronze Medal in the final.

Not only did the boys compete in the board races, but they did very well in other events including Iron Nipper and Beach Flags.

Max's younger sister **Holly** and Sam's younger brother **Ben** also took part in a wide variety of events and are to be congratulated for their efforts and participation. The weekend is certainly not just about who finishes 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> but participating in a very healthy activity.

During Season 2009 / 2010 the Club engaged the services of a professional Surf Coach to assist with developing the Club's Aquatic Sports area. David Strahan (who has an impressive record of competing and coaching the successful Torquay SLSC team) has been able to provide both the Nippers (above) and Seniors with expertise that the Club has not been able to provide in recent years. This adds a great deal of value to being a member at Point Lonsdale.

Lifesavers who compete in Aquatic Sports activities end up being fitter and more capable lifesavers in the surf due to their training. There are the added benefits of learning to work as a member of a team and more often than not, they become life long Surf Life Saving Club members.

For further information / photo opportunities please contact the Secretary – Matthew Ponsford on 0419 52 52 58

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