

Official's Instructions BOARD RACE

- Foam based boards used for U8-U11, U12 & U13 may use fibreglass boards.
- The course should be as shown in the diagram.
- The centre of the start line is to be in line with the first turning buoy.
- The start has each competitor standing on or behind the start line with their board.
- There should be about 1.5m between boards at the start.
- Starting commands are usually 'Face the water', 'Go!'



- After the start the competitors shall enter the water with their boards and paddle around all buoys and return to the beach.
- Competitors may lose contact with their boards without disqualification.
- If a competitor deliberately impedes the progress of another competitor they may be disqualified.
- To complete the race, a competitor must have regained their board and crossed the finish line from the seaward side whilst maintaining contact by carrying their board.
- The finish is judged by the chest of the competitor crossing the finish line on their feet while being in control of their board.

